

# Program Director Associations Guide for Residency Applicants

## Allergy and Immunology

The *Program Director Associations Guide for Residency Applicants* is a collaborative effort between the Organization of Program Directors Association (OPDA), Association of American Medical Colleges (AAMC), and American Medical Association (AMA). Its purpose is to provide specialty-specific guidance, application information, and resources.

This guide outlines specialty-level guidance and policies for applicants to Allergy and Immunology programs. **Specialty-specific guidance reflects the specialty’s intent for applicant preparation and the residency application process but may not reflect all individual program requirements.** Applicants should review individual program requirements in Residency Explorer™ tool, FREIDA™, or on program websites.

Specialty responses in this guide were provided through a standardized web form. The corresponding questions from that form are referenced in the footnotes. If a specialty indicated “No specialty guidance,” it means the specialty does not provide guidance on that aspect of the selection process.

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# Specialty Guidance for the 2026–2027 Cycle

## Specialty-Specific Resources

None noted.

## Away Rotations

Away Rotation Details	Specialty Recommendation
Away rotations in the specialty <sup>1</sup>	No specialty guidance
Number of away rotations in the specialty	–

**Additional Guidance:** No specialty guidance.

## Use of USMLE and/or COMLEX-USA Scores

License Exam Details	Specialty Recommendation
USMLE transcripts required for DO applicants? <sup>2</sup>	No specialty guidance

**Additional Guidance:** None noted.

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<sup>1</sup> Even if an applicant’s home institution has a program in your specialty, are completing away rotations in the specialty optional, strongly recommended, or required for applicants?: Optional, Not Expected (to gain additional exposure or confirm interest in specialty before applying); Strongly Recommended (important to being considered, but not always required given certain circumstances); Required (will not be considered without it)

<sup>2</sup> Does your specialty require that DO applicants submit USMLE scores in addition to COMLEX-USA scores?: Yes, USMLE scores are required for all applicants; No, USMLE scores are not required for DO applicants

## Application Process

Application Process Details	Specialty Recommendation
Main Residency Match Season	AAMC Electronic Residency Application Service (ERAS)
Supplemental Offer and Acceptance Program (SOAP)	No specialty guidance
When programs start reviewing applications <sup>3</sup>	No specialty guidance
Application materials accepted after the deadline <sup>4</sup>	No specialty guidance

**Additional Guidance:** None noted.

## Program Signals

Program Signals Details	Specialty Recommendation
Number of signals	5
Signal home institutions?	No specialty guidance
Signal programs where they completed away rotations?	No specialty guidance

**Additional Guidance:** No specialty guidance.

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<sup>3</sup> Which best describes when programs will start reviewing applications for this application cycle (2026-2027)?: Date applications are released to programs; Other

<sup>4</sup> Is it acceptable for applicants to submit some application materials after the initial application?: Yes; No

## Letters of Recommendation or Evaluation

LOR Details	Specialty Recommendation
Required number of LORs	No specialty guidance
Required letter writers <sup>5</sup>	No specialty guidance
Is there a specialty-specific standardized letter? <sup>6</sup>	No

**Additional Guidance:** No specialty guidance.

**Guidance for Applicants from Transitional Year/Prelim Programs:** No specialty guidance.

**Guidance for IMG Applicants:** No specialty guidance.

## Research/Scholarly Activity

No specialty guidance.

## Supplemental Information

Supplemental Application Materials	Specialty Recommendation
Supplemental application materials required? <sup>7</sup>	No specialty guidance

**Additional Guidance:** None noted.

## Applicant Communications

**Pre-Interview Communication Guidance:** No specialty guidance.

**Post-Interview Communication Guidance:** No specialty guidance.

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<sup>5</sup> Who is required to submit letters? (Select all that apply): Someone within the specialty (e.g., faculty, attending); Department chair; Program director; Physician preceptor at an away rotation (e.g., program director, faculty); Other

<sup>6</sup> Does your specialty have a specialty-specific standardized letter of evaluation or standardized letter of recommendation?: Yes; No

<sup>7</sup> Does the specialty require applicants to submit supplemental application materials (e.g., use of other assessments, supplemental videos or essays)?: Yes; No

## Interviews

Interview Details	Specialty Recommendation
Universal interview offer date(s)	No specialty guidance
Typical interview offer window	No specialty guidance
Interview scheduling platform	–
Interview format <sup>8</sup>	No specialty guidance

**Additional Guidance:** No specialty guidance.

## Open Houses / Second Looks

**Open Houses:** No specialty guidance.

**Second Looks:** No specialty guidance.

**NRMP Voluntary Rank Order List (ROL) Lock Pilot Initiative:** No

## Match Platform

Allergy and Immunology participates in the National Resident Matching Program (NRMP).

**Additional Guidance:** None noted.

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<sup>8</sup> Which interview format does the specialty recommend that programs use?: Virtual; In-person; Hybrid (an applicant chooses either an in-person or virtual interview format); Hybrid (an applicant completes both virtual and in-person interviews)