



*CMSS Annual Meeting
November 10, 2022*

Engaging Physicians *in*
Improvement Priorities through
the ABMS Portfolio Program

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Disclosures

- Employee of the American Board of Medical Specialties (ABMS)
- No other relevant disclosures

Welcome

How we'll
spend
our time
together

1. ABMS Portfolio Program overview
2. How your organization and members can benefit
3. You can do it!

Our connection
Elevating the
discipline of
specialty
medicine
through
improvement

CMSS Mission...

“...be indispensable to medical societies and the medical profession by *supporting and strengthening...catalyzing improvement...across specialties...*”

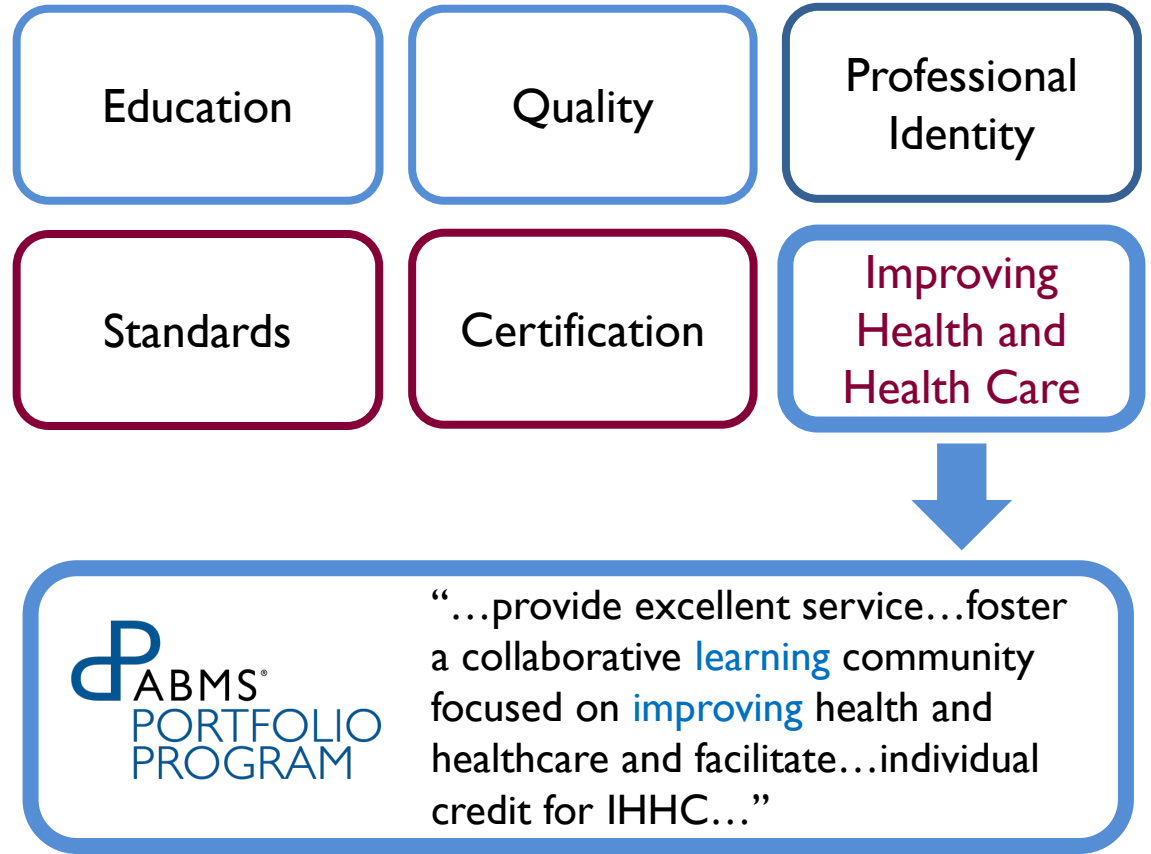
ABMS Mission...

“...serve the public and the medical profession by *improving the quality of health care...in partnership with Member Boards...*”

- 24 certifying boards
- 88 subspecialty areas 40 specialty areas
- 975,000+ board certified physicians

Our connection

Priorities that
guide our
work



ABMS Portfolio Program

Adding value

- Boards community saw need of CME/other providers in certification space
- Instead of individual project approval, organizational QI/PI approval
- Part of QI/PI, patient safety, CME/CPD, professionalism, education toolbox
- Credit for QI work relevant to physicians and specialists and organizations

ABMS Portfolio Program

Partners in progress

18 ABMS Member Boards and NCCCPA

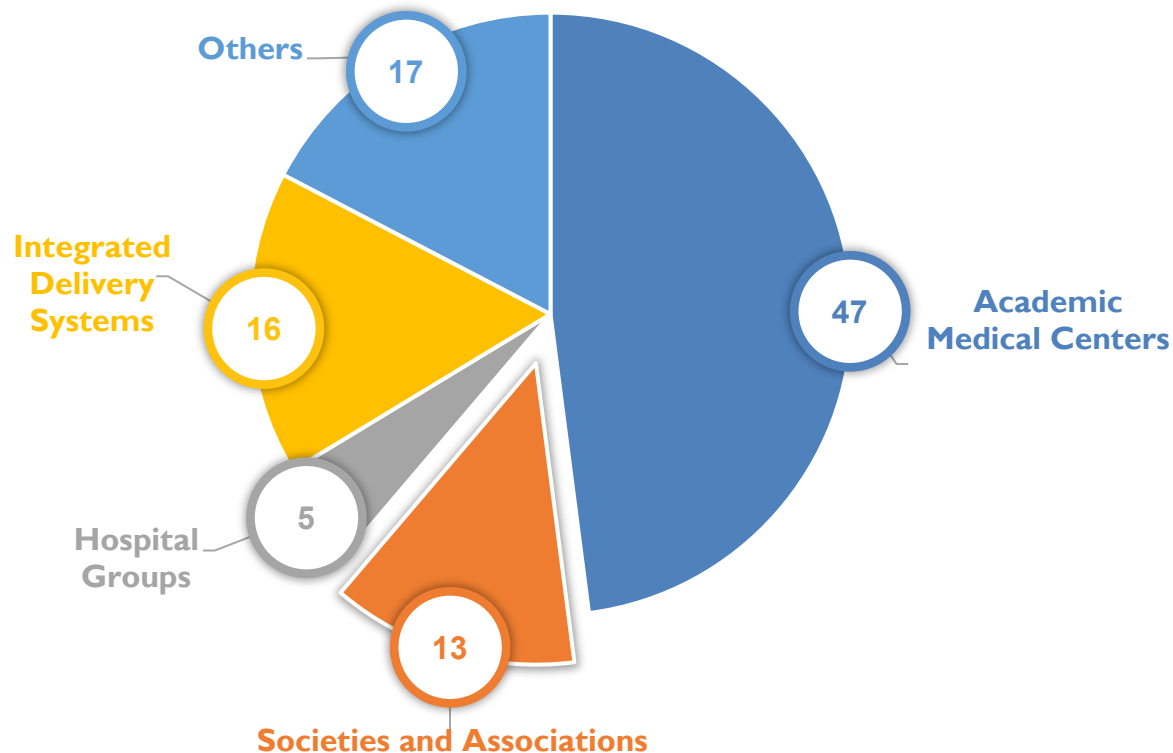


American Board
of Medical Specialties
Higher standards. Better care.®

ABMS Portfolio Program

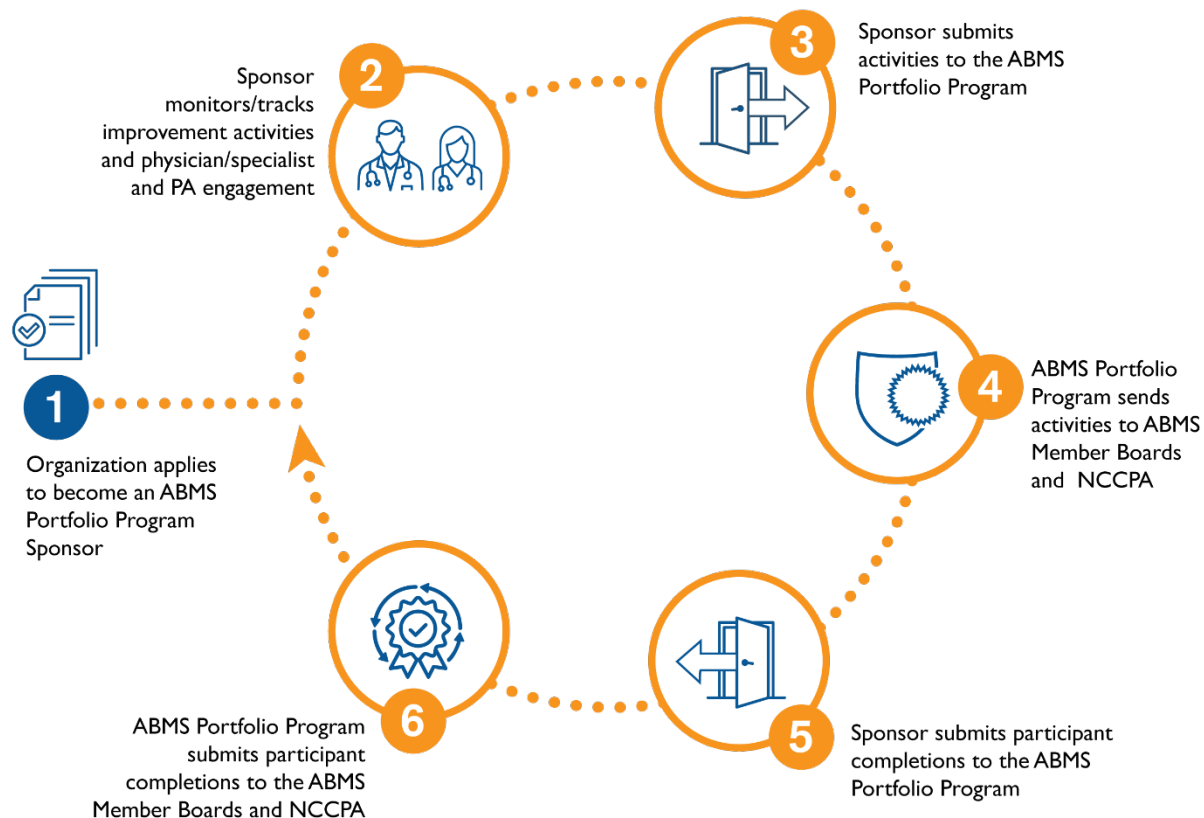
Partners in progress

99 partner organizations in 35 states



ABMS Portfolio Program

How it works

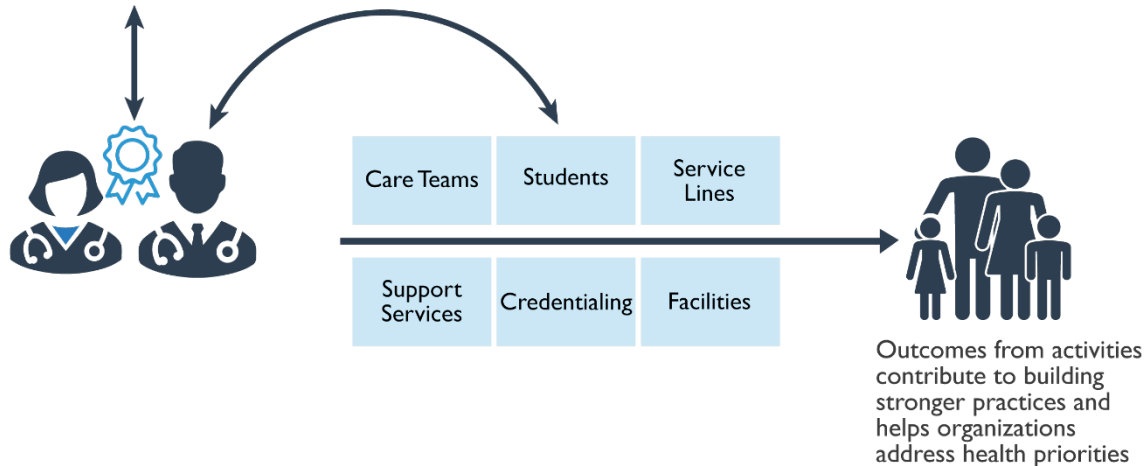


ABMS Portfolio Program

Reinvesting learning into improvement and each other



Program participation encourages collaboration between departments and across specialties to align, facilitate, and expedite improvements that enhance how care is delivered.



ABMS Portfolio Program

By the numbers

4,700+

Improvement activities

48K+

Instances of credit
to 27K+ physicians

~9800*

COVID-19 Completions

**expected to surpass 10K by 12/31/22*

99

Current Sponsors

ABMS Portfolio Program

Top 10 QI topics

Clinical

- Prescriptions
- Immunizations/
vaccinations
- Diabetes
- Readmissions
- Cardiovascular
- Cancer
- Asthma
- Hypertension
- Sepsis
- Procedural skills

Non-Clinical

- Communication
- Teamwork
- Efficiency
- Patient safety/
reduce harm
- Documentation
- Preventive care
- Satisfaction
- Access to care
- Patient-centered care
- Transitions of care

The impact

On patient
care

Reduced

- Adverse drug events
- Opioid prescribing
- Use of rescue inhalers
- Hospital acquired infections
- Length of stay
- ED visits
- Patient harm and cost

Improved

- Communication and consistency between providers/patients
- Suicide risk assessments
- Diagnosis and treatment of NICU ventilator-related issues
- Seizure management
- Childhood mental health registry

The impact

On organizations

- Supports organizational goals by increasing engagement
- Helps to retain and attract staff
- Encourages inter-professional, multi-disciplinary, and cross-departmental collaboration
- Provides access to the ABMS community
- Cultivates relationships with other ABMS Portfolio Program Sponsor partners

The impact On ABMS diplomates and NCCPA physician assistants

Practice

- *Receive credit for work they are already doing*
- More efficient visits to focus on patient needs
- Less time spent on documentation
- Enhanced communication between practitioners

Certification

- Don't need outside QI work/projects to meet requirements
- Continuing certification work is relevant to their practice
- Less administrative work towards continuing certification

Personally

- Connect with physicians/PAs from other Sponsors
- *Improved mental state and reduced burnout*
- *Increased joy in the service/work*

The impact

What people are saying...

“In addition to receiving credit, physicians like the ABMS Portfolio Program because it **recognizes the quality improvement needs** that they and their patients want to address.”

“I like how the program **encourages collaboration** between departments and across specialties to improve processes and infrastructure and make change happen.”

One sponsor reports....

- **96%** of participants agree that their project helped them identify solutions for improvement
- **94%** of participants agree that their activity will directly improve patient care

The impact

CMSS

members that

are ABMS

Portfolio

Program

Sponsors

American College of Cardiology
American College of Obstetrics and Gynecology
American Society of Anesthesiology

Have submitted QI activities related to...

C-section rates

Cancer screening

Cardiomyopathy

Clinical quality coaches

Community healthcare

Diabetes

Dyslipidemia

Genetic testing

Heart failure

Joint arthroplasty

Maternal mortality

Mortality review workgroup

Non-invasive Imaging

Opioid use

Patient surgical home

Smoking cessation

Let's do it!

The ABMS
Portfolio
Program can
work for you
too

Here's an example

The screenshot shows the American Psychiatric Association (APA) website. At the top, there is a navigation bar with links for 'About APA', 'Newsroom', 'Advocacy & APAPAC', and 'APA Sites'. A search bar is located on the right side of the header. Below the header, the main navigation menu includes 'Psychiatrists', 'Residents & Medical Students', 'Patients and Families', and 'Membership'. The 'Psychiatrists' dropdown menu is open, showing a list of sub-topics: Education, Practice, Diversity & Health Equity, Research & Registry, Advocacy & APAPAC, Meetings & Events, Search Directories & Databases, and International. The 'Practice' sub-topic is highlighted in a blue box. A red arrow points from the 'Practice' sub-topic to a secondary menu of practice-related topics, including 'Social Determinants of Mental Health Task Force', 'Clinical Practice Guidelines', 'Covid-19 / Coronavirus', 'DSM', 'Ethics', 'Helping Patients Access Care', 'Media and Communications', 'Mental Health Apps', 'Mental Health Parity', and 'Practice Management'. Another red arrow points from 'Practice Management' to a specific link titled 'Well-being and Burnout', which is highlighted in a white box with a grey border.

It's all right here...

Psychiatric News Wellness and Burnout Series

- Wellness Ambassadors Can Address Burnout at Institutional Level
- When a Patient Becomes Another 'Task': How Burnout Can Be Insidious
- Broad System Factors Influence Physician Wellness, Patient Care
- Burnout and Wellness From an Ethics Perspective
- Practicing Mindfulness Can Bring Busy Physicians Back to 'Now'
- Program for Medical Students Emphasizes Need for Self-Care
- Suicides of Young Physicians Raise Alarm About Burnout Among Trainees
- Taking Steps to Avoid Isolation is Key to Preventing Burnout



Well-being and Burnout

Take charge of your well-being.

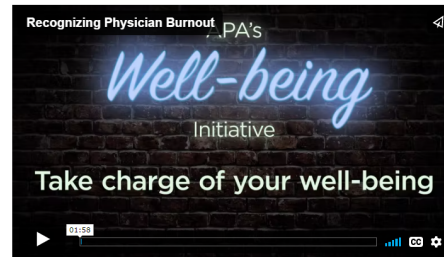
You are here: [Psychiatrists](#) → [Practice](#) → [Well-being and Burnout](#)

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An Urgent Issue for Psychiatrists and Medicine

It is estimated that **2 out of 5** psychiatrists have professional burnout.

Addressing this problem has become one of the most pressing issues for medicine. APA is committed to helping psychiatrists achieve well-being and addressing individual and system-level challenges which contribute to professional burnout.



Assess Yourself

Use our online self-assessment tool to screen yourself for burnout and gauge your well-being.

[LEARN MORE →](#)



Well-being Resources

Learn how to address burnout and achieve better work-life balance.

[VIEW MORE →](#)



About APA's Efforts

Learn about APA's Workgroup on Psychiatrist Well-being and Burnout.

[LEARN MORE →](#)

Helping Members and All Psychiatrists Achieve Well-being

Loss of autonomy, the electronic medical record, the changing role of the physician – these are just some of the elements that have been identified as contributing to burnout and loss of well-being in physicians. Physician depression can often impact or be mistaken for burnout. APA has joined with the American Medical Association, the National Academy of Medicine, and many other medical organizations to address this challenge. APA's Committee on Psychiatrist Well-being and Burnout invites all psychiatrist to use the self-assessment tool above and to examine the curated resources found on this page.

Let's do it!

1. What is the gap in care?
- How do you know it's a gap?
2. Goal(s) for improvement?
- SMART goal
3. What is your measure(s)
*- What data will be used? How will it be accessed?
Where will be located?*
4. What will you do?
- Why is it better for you? The system? The patient?

Dates

Project Leader

You are invited
Be part of the
ABMS
Portfolio
Program
community



Questions
and
thank you

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